

STUDENT BOARD PROGRAM

2021

GoYogi Mental Health Initiative

Hello,


My name is Shruthi Kumar and I am the founder of the GoYogi Mental Health Initiative. Our goal is to integrate mental health education into schools across the world. We are excited about your interest in joining our student board program to be a part of this global movement.

With help from our student administrators, GoYogi's mission is able to reach more communities, making a greater impact and bringing us closer to creating global change!

Within the following pages, you will find information regarding our Student Board program. Hopefully it will be able to explain, in further detail, what we expect from our student team and what you can expect from us.

Thank you so much for your interest and I hope that you will be able to join our team soon!

Best wishes,

A handwritten signature in black ink, appearing to read 'Shruthi Kumar', with a large, stylized initial 'S'.

Shruthi Kumar
Founder, GoYogi LLC



PURPOSE AND GOALS

01

RAISE AWARENESS

The Student Board Program will allow students across the world to raise awareness for student mental health and share mindfulness-based resources globally.

02

INCREASE COMMUNITY OUTREACH

With Student Administrators across the world, we can increase the amount of mental health resources that are offered to students and reach out to underrepresented communities.

03

PROVIDE LEADERSHIP OPPORTUNITIES

The Student Board Program will provide students in middle school and high school the opportunity to be a part of a global movement as leader and representative in their own schools and communities.

04

BUILD A GLOBAL COMMUNITY

Through this program we can connect students with educators and administrators to further develop the integration of mental health education in schools.

WHY SHOULD I BE ON STUDENT BOARD?

**get
experience
working with
a non-profit**

**learn
essential
business/
leadership
skills**

**recognition
on our social
media and
website**

**be a
student/
community
leader**

**build your
resume**

**Join our
community
and HAVE
FUN!!**

INTERESTED?

Fill out this form:

<https://forms.gle/D7XsA9FnFuY3h1tY7>